Others First

Jesus said: 'Love your neighbour as you love yourself.' Mark 12:31

When we are worried it is easy to put ourselves first and forget about what others need. This prayer activity helps pupils to think about when they have wanted to put themselves first. It doesn't matter if they did, the purpose is to consider how difficult it can be to put others first.

Equipment:

- A wooden cross the larger the better, *if the school is not a church school a dish or plate may be more appropriate*.
- Pebbles or stones, at least one per pupil
- Large dish or tray for the pebbles or stones
- An image of empty shelves *one of attached*
- Instruction *label you will need to change the word cross to plate if that is what you are using.*

Instructions:

When we are worried about something it is easier to think about what *we* need and forget what *other people* need.

Recently people have been buying lots and lots of toilet rolls and pasta, which has meant that other people have not been able to buy any toilet paper or pasta. If everyone had only bought what they needed there would have been enough to go around.

Take a stone and hold it as you remember times when you have wanted to put yourself first. Think about putting others first in the future.

When you are ready lay the stone on the cross or on the plate as a sign that you want to put other people first.

Adults should be aware that pupils may want to talk about their worries about food shortages. For some families this may be a problem.

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If everyone had bought only what they needed there would have been enough to go around.

Take a stone and hold it as you remember times when you have wanted to put yourself first.

When you are ready lay the stone on the cross as a sign that you want to put other people first.