

Please

Give all your worries to him, because he cares for you. 1 Peter 5:7

This is an opportunity for the pupils to pray for individuals who need God's care and love at the moment. This may include family members or friends who are ill, or who are a long way away. This activity is not suitable for very young children who might be tempted to put the beads in their mouths.



Equipment:

- Clear glass nuggets or beads *Those with a flat bottom that are sold for flower arrangements are ideal. These are sold in garden centres or available cheaply online*
- A beautiful dish or tray
- A tablecloth
- Instruction label

Instructions:

Put the empty dish in the middle of the cloth and spread the glass nuggets or beads around it on the cloth

These beads look a bit like tears. Who do you know who is feeling sad, worried or ill? If the pupils want to share the names of these people listen to them, but they may just want to think of them quietly.

Take a bead and think about that person, then put it onto the dish as you ask God to help them. You can pray for as many people as you need.

Adults should be aware that pupils may want to talk about their concerns and fears for family and friends. Some of these people could be very ill, it is important to take care not to promise that everyone will get better. Focus on God being with them and caring for them.

Please.

These beads look a bit like tears. Who do you know who is feeling sad, worried or ill?

Take a bead and as you hold it think about that person.

Then put it onto the dish as you ask God to help them.

You can think about and pray for as many people as you need.

